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| Check out these [20 skill-building activities](https://www.understood.org/en/school-learning/stuck-at-home-activities?_ul=1*1bmhb8s*domain_userid*YW1wLVpub3Y4VG1ZX010SWhtdVZ2RS0zUnc.) to keep busy at home! | Running out of fun and interesting ways to reward your child for positive behavior?  Check out these  [100 Free/Inexpensive Rewards for Home](https://www.dropbox.com/s/oqwkol0sf5o1rah/100-free-rewards-for-parents-to-give-their-children.pdf?dl=0) | Take a trip to the [Bronx Zoo](https://bronxzoo.com/virtual-zoo?gclid=CjwKCAjw1v_0BRAkEiwALFkj5uYKt3BRuNwdi6gUD7J-4GGm3tyeQ5oKeUBs-cH-y9-9BRkDjZGFihoCUcIQAvD_BwE&fbclid=IwAR1F7LjhFSMqr4OqV5ypMCihTAdMIP8dbzEWMQE0scWIYG9cmObU9btQ-5I) and see the animals! |
| Try this fun [meditation with movement](https://www.youtube.com/watch?v=buPuB4Sa0zU) from Smiling Mind! |  | Want to take a trip to Disney World and go on their rides? You can now ride virtually! [Click here](https://www.popsugar.com/family/videos-virtual-disney-rides-47314693?utm_medium=facebook&utm_source=post&utm_campaign=frontdoor) |
| Keep your body moving with  [Yoga Ed. Yoga & Mindfulness for Children!](https://www.youtube.com/watch?v=owZXTRESl68) | Keep your mind busy with Explore.org. [Check out the live cams](https://explore.org/livecams) to learn about animals and places all over the world! | Get creative! Make your own [amusement park!](https://www.khanacademy.org/humanities/hass-storytelling/imagineering-in-a-box) |